



**Department of Food Technology**  
**Bhaskaracharya College Of Applied Sciences**  
**University of Delhi**  
**celebrates**



# National Nutrition Month - Sep'20

under the aegis of IQAC and Star College Scheme (DBT)



## “Nourish to Flourish”

**Recipe Contest using Fortified Staples**  
(An Initiative to popularise fortified foods)

### Rules and Regulations :

1. Each participant can submit only one entry.
2. Addition of a Fortified Staple is mandatory.
3. Recipe template will be generated upon registration.
4. Remember giving an unique name to your recipe.
5. Name and brand of the Fortified Staple to be highlighted.
6. Plagiarism of any sort will lead to disqualification from the contest.

- Registration open till 14th September 2020
- Submission of recipes latest by 18th September, 5pm
- Certificate of Appreciation and cash prizes for top 3 entries.
- Participation Certificate to all the participants.

### Link for registration:

<https://forms.gle/KUDv1fXfppJ1B5K79>

### In Collaboration With :



### Patrons

Dr. Balaram Pani (Principal)  
Dr. A. Madhavan  
Dr. Anita Malhotra  
Ms. Anita Jatana  
Ms. Shilpa Thakur

### Organizing Committee :

Dr. Shalini Sehgal  
(Convener)  
Dr. Sakshi Khurana  
(Co-Convener)

Anshu  
Rachit Mishra  
(Student Coordinators)